CAMP TAYLOR

BUILDING TAYLOR’S DREAM
Congenital heart defects affect more than 40,000 U.S. newborns every year. Camp Taylor’s story is the story of one of those children.

In 1993, Kimberlie and Michael Gamino welcomed a son, Taylor, to their family, only to have doctors discover within hours of delivery that he had been born with half a heart, a condition known as Hypo-Plastic Right Heart Syndrome with Intact Ventricular Septum.

Uncertain as to how long their son would be in their lives, the couple did all they could to ensure Taylor experienced the fun, life-affirming moments of childhood even while enduring four open heart surgeries and a stroke during his young life. Taylor had to fight for his life while connected to seven chest tubes draining fluid off his upper body, while laying on beds of ice after one open heart surgery recovery. The Gamino family often lived at the hospital for months at a time. By age 8 however, it became clear Taylor could not keep pace with his friends or participate in sports or other physical activities due to exhaustion and the threat of injury. Taylor came to understand that everyone at school knew he had a heart defect and saw him as “different.”

This left Taylor feeling isolated and alone. While continuing to progress medically, his parents recognized Taylor
needed help with the daunting emotional and social challenges that accompany living with a life-threatening disease. The Gaminos saw the urgent need to connect Taylor with other children in similar circumstances but were shocked to discover no such program existed in Northern and Central California. Taking the initiative, the Gaminos in 2002 established Camp Taylor.

The grassroots organization led by Kimberlie Gamino has grown to become the nation’s leading provider of programs for the traditionally under served pediatric cardiac community.

Ensuring camp sessions are fun, safe and in compliance with required medical protocols remain Kimberlie’s highest priority.

Taylor Today

Taylor is doing well today with the help of daily medications and limited physical activity. A graduate of Grace Davis High School in Modesto, California, he is currently completing his pre-requisites for nursing school. Just as important, he has taken an active role in Camp Taylor, serving as a counselor in its Mentor/Leadership program and overseeing the new Young Adult Program. He also shines as its leading public advocate, an impressive young man with a compelling story to tell about how Camp Taylor changed his life and the lives of thousands of other pediatric cardiac patients.

Taylor understands that without a heart transplant he could die early but his focus remains on the future.

“My greatest fear is not that I will die early from my heart disease, I know that and accept that. My greatest fear is that Camp Taylor will not be here for the next generation of kids that survive. Camp has to continue.”

–Taylor
OUR MISSION & VISION

**Mission:** Camp Taylor remains dedicated to creating positive, self-affirming experiences that bring joy to children living with heart defects while deepening their understanding of the disease and inspiring and empowering them to lead fulfilling lives.

**Vision:** Camp Taylor will substantially expand the resources available to a traditionally under served community by becoming the leading provider of uplifting programs benefiting pediatric cardiac patients and their families. 💜

“Camp Taylor is important to me because it has given me a voice. I used to be so scared to be judged by people because I was different but now I believe that it is OK to be different.” — Alysia
CAMP TAYLOR

Annual Historical Camp Numbers

- **6,958** Meals
- **718** Camp T-Shirts
- **463** Volunteers
- **980** Snow Cones
- **19** Heart Education Classes
- **112** Duct Tape Wallets
- **274** Heartsake Families Assisted
- **650+** People Served
- **74** Families Assisted
There are no duplicate services within a 350 mile radius of Camp Taylor

More children die during the first year of life from heart defects than all childhood cancers combined. The children live with this disease their entire life. There’s No Remission and there is No Cure.

Children born with heart disease often miss out on many of childhood’s most cherished and formative experiences.

The disease with its regimen of surgeries and medications prevents many of these children from participating in most recreational activities, many even forgoing swimming’s joyous splashing because they’re embarrassed to show their zipper scars at the pool. Teased by peers, often absent from school and haunted by the prospect of frequent hospital visits and early death, children with heart defects grow isolated, often just at the age when youth want nothing more than to blend in and belong. They wish more than anything to lead a “normal” life free of worry and anxiety. This loneliness and vulnerability impacts their psycho-social and emotional well-being and diminishes their ability to understand the disease and its treatments.

Camp Taylor was created to help children overcome the challenges of growing up with heart disease. By coming together for days of fun and challenging activities like horseback riding, swimming and
crafts, campers share life-transforming experiences. Their feelings of isolation and anxiety disappear amid a swirl of activity as they forge new relationships, strengthen their self-confidence and develop a positive outlook on the future. Knowing their not alone in their struggle, campers return home empowered to lead fulfilling lives despite the limitations heart disease seeks to impose on them.

Camp Taylor has transformed the lives of thousands of children and that number will only grow as future medical advances continue to extend the lives of children born with heart disease. At Camp Taylor, Kids Meet... Scars Blend... Wonders Happen! 😊

Why must Camp Taylor build?

❤️ Limited number of facilities available to accommodate camp programs.

❤️ Children with heart disease, especially those with single ventricles need to be at an elevation under 2,500 feet for optimal health and blood circulation.

❤️ Camp Taylor services many fragile and complex heart children. The medical protocol is to be within 20 minutes of a major hospital emergency room.

❤️ There are waiting lists to attend family camp programs.

❤️ There is no cure for Congenital Heart Disease.
Camp Taylor under the leadership of Founder and Executive Director Kimberlie has grown from a single camp serving 52 children to providing nine medically supervised programs serving more than 650 people each year at a minimal cost to campers and their families.

Its programs include Youth (ages 7-12) and Teen (ages 13-18) camps, as well as Family Camps, Leadership/Mentoring Camps and a Siblings Camp. In addition, Camp Taylor operates a Young Adult Program, Heart Mama’s Retreat and Heart Dad’s Retreat, and 4 Heartsake, which supports families of hospitalized children by providing gift cards to the hospital cafeteria, transportation assistance and accommodations for out-of-town heart families.
Through its schedule of challenging and fulfilling recreational activities including horseback riding, Heart education classes, swimming, crafts, nature walks, campfire skits, pediatric cardiac patients and siblings share life-transforming experiences with children in similar circumstances. Camps are staffed by 30-60 volunteers each, a significant percentage of whom constitute medical staff, including one or more pediatric cardiologists, 12 nurses and two paramedics. The camp infirmary is fully stocked with essential cardiac pharmaceutical supplies and equipment.

Pediatric cardiac patients also receive important Heart Health education at Camp Taylor. Many children with heart defects do not comprehend the full scope of their disease and often are too intimidated by doctors to ask questions. Their natural impulse is to turn to their parents for information but many mothers and fathers have not fully educated themselves on the disease. Heart Health education sessions teach campers about the disease and provide an open environment in which they can ask their most pressing questions. These sessions have a long-term impact by empowering camper to advocate for themselves while also providing coping strategies to live with the disease.

Equally important are Camp Taylor’s daily Giving Tree sessions. Taking place in an intimate cabin setting, they give campers the opportunity to discuss their worries, fears, hopes and dreams with peers who understand what it is like living with this life-threatening disease. Giving Tree sessions bolster campers’ acceptance, confidence and validation by underscoring the fact that are not alone in their fight. 💘
Camp Taylor’s board and administrative team recognized early on the need to construct a permanent camp rather than continuing to rent facilities. Camp Taylor by operating a facility of its own could increase the number of sessions offered annually and therefore the number of pediatric cardiac patients served. In addition, the camp’s construction could include facilities and resources specifically designed to meet the needs of children with heart disease. With the vision of establishing the first-ever camp constructed from the ground up for children fighting heart disease, Camp Taylor in September 2015 purchased the former Stanislaus County Honor Farm, a picturesque 22-acre site along the San Joaquin River. Having secured the proper county permits, Camp Taylor is moving forward with an ambitious four-phase Building Plan to renovate existing structures, construct new ones and remake the site into a welcoming, confidence-building environment for our campers.

The Plan calls for the construction of several buildings:

- Dining Hall
- Infirmary
- Welcome Lodge Center
- Main Street
- Ice Cream Parlor
- Heart Education Center
- Camper and Volunteer Cabins
- Game Room
- Main Street featuring Arts and Crafts, Dance and Music Studio, Library and Costume Parlor and Logo Shop
Camper & Volunteer Cabins

A. Lakewood Volunteer Cabin
B. Dormitory Camper Cabin
C. Riverside Volunteer Cabin
Legacy Gifts & Naming opportunities

Main Street

A. Library
B. Dance Studio
C. Music Studio
D. Costume & Logo Shop
E. Town Hall & Interim Infirmary
F. Arts & Crafts
The plan also includes a variety of improvements to the grounds:

- Welcome Arch
- Swimming Pool
- Basketball Court
- 2-Acre Meadow
- Tree House
- Ropes Course
- Boat Dock
- Fishing and Bird Watching Dock
- Memorial Water Garden
GIVING OPPORTUNITIES

There are a number of ways you can support Camp Taylor as it builds a permanent home to better meet the needs of the region’s growing pediatric cardiac population. Every gift strengthens Camp Taylor’s ability to serve these children and their families by providing rewarding recreational activities, important heart health education and uplifting peer-support sessions. Your support today will empower thousands of youth for years to come to transcend the limitations of heart disease.

• Dining Hall & Recreation Building
• Game Room
• Heart Education Center
• Rock Wall & Ropes Course
• Amphitheater, Campfire & Lower Meadow
• Camp Entry Arch
• Camper & Volunteer Cabins
• Swimming Pool/Shade Structures
• Music Studio
• Dance Studio
• Arts and Crafts
• Library
• Ice Cream Parlor
• Costume Parlor/Logo Shop
• Town Hall

• Naming opportunities – There are many opportunities to name a building after your family, self, company or foundation.
• Pledges – Camp Taylor has long relied on community donations to fulfill its mission of service to the community. As a 501 C 3 California corporation, all donations to Camp Taylor are tax deductible. We accept pledges, including multi-year gifts.
• In-Kind – The Camp Taylor Building Plan is designed to create a camp for children living with heart disease from the ground up. There are numerous opportunities for regional businesses to contribute their time and expertise to the camp construction project.
• Endowment – Please consider making a contribution to Camp Taylor’s endowment to help the organization’s long-term sustainability.
Camp Taylor was determined from the outset that its permanent camp must be self-sustaining in order to maximize the organization’s ability to provide direct services to the growing pediatric cardiac community. Camp Taylor has created an employee wellness program marketed to employers across the region seeking to educate their staff on current trends and best strategies for maintaining their health, coupled with team building adventures on the camp rock-wall and ropes course. Renting the camp with its impressive recreational infrastructure to schools and non-profit organizations will generate another substantial revenue stream. Taken together, these programs will not only offset the cost to maintain Camp Taylor but make a positive and lasting impact on the entire region’s quality of life.

SUSTAINABILITY

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Vital to the success of each camp session is the work of the all-volunteer medical team. Delivering top-notch medical care in a safe environment is critical to the positive experience camp offers children.

When medical professionals interact with patients outside the walls of the sterile hospital setting, magic occurs as children learn more about their disease and develop a stronger trust in the care the medical professionals provide them.

Camp is centrally located to many outstanding pediatric hospitals with all major hospitals referring their patients to Camp and most of the same hospitals have representation of medical professionals from their institutions volunteering at camp.

Kavin H. Desai, MD
• Pediatric Cardiologist
• Chair of Pediatric Cardiology
• Permanente Medical Group
• Pediatric Cardiology Clinics
• Lucile Packard Children’s Hospital Stanford

Gregory M. Coe, MD
• Family Medicine Doctor
• Sutter Solano Medical Center

Paul Francis, MD
• Retired, Pediatric Cardiologist
• Valley Children’s Hospital

Teimour Nasirov, MD
• Pediatric Congenital Cardiac Surgery
• Cardiothoracic Surgeon
• Sutter Health Sacramento
“Our goal is to foster discussions of adverse life events unique to children with heart disease, how they post challenges to daily life, and how to manage them, under the guidance of experienced healthcare professionals. We strive to arm the campers with tools to succeed by learning how to access care in both medical and mental health areas. We hope to teach them how to care for themselves through exercise and proper nutrition and how to create safe and healthy home and school environments.” - Dr. Kavin Desai

Dr. Kavin Desai joined Camp Taylor shortly after its founding and spearheaded the medical protocol for overseeing the health, safety and wellness of every camper. Dr. Desai continues to lead the medical team of sub-specialty registered nurses, physicians, surgeons, and paramedics during camp sessions.

Camp Taylor Medical Director, Dr. Kavin H. Desai

Susan Turpin, RN, CPNP-AC
- Nurse Practitioner, Cardiology/Cardiac Device Service
- UCSF Benioff Children’s Hospital Oakland

Deb Hanish, RN, CPNP
- Nurse Practitioner, Cardiology/Arrhythmia Service
- Lucile Packard Children’s Hospital Stanford

James Allen, RN2
- Pediatric Cardiac ICU
- Pediatric Post Anesthesia Care
- UCSF Benioff Children’s Hospital San Francisco

Brian Yung, RN
- Cardio Vascular ICU
- Doctors Medical Center

Mary Diller, RN, MSN
- Staff Nurse IV
- Emergency Dept. Nurse
- Pediatric Nurse Leader
- PALS Instructor
- Kaiser Permanente San Leandro